



St Martin's School

LUNCH MENU

Week One

Monday

Wholemeal Penne
Pasta with Vegetables
& Neapolitan Sauce
Served with
Broccoli

Seasonal Fruit

Tuesday

Chicken Goujons or
Vegetable Nuggets
Served with
Mixed Salad
& Wraps

Yogurt

Wednesday

Chicken or
Vegetarian Sausages
Served with
Mashed Potatoes
Yorkshire Pudding
Peas & Sweetcorn

Seasonal Fruit

Thursday

Chicken Curry or
Vegetarian Curry
With
Mixed Vegetable Rice

Seasonal Fruit

Friday

Garlic & Rosemary
Roast Chicken or
Quorn with
Accompanied by
Roast Potatoes
& Carrots

Friday Treat



LUNCH MENU

Week Two

Monday

Vegetable Pasta Bake
Including
Sweetcorn
& Peas

Seasonal Fruit

Tuesday

Fish Fingers or
Vegetable Fingers
Served with
New Potatoes
& Green Beans

Yogurt

Wednesday

Jacket Potatoes
With Tuna, Cheese
& Baked Beans
Served with
Mixed Fresh Salad

Seasonal Fruit

Thursday

Chicken Burgers or
Vegetarian Burgers
Served with
Oven Chips
& Peas

Seasonal Fruit

Friday

BBQ Chicken
or BBQ Quorn
Accompanied by
Couscous with
Mixed Vegetables

Friday Treat