



St. Martin's School

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"At St Martin's School we are a fellowship of scholars who achieve excellence. We seek a rich, broad and challenging Curriculum. This culture puts us in control of our journey. Our children not only excel academically but are given the tools to enable them to pass their exams and converse at interview with confidence. This learning nurtures and stimulates us whilst emphasising the importance of individuality, intellectual wonder and self-actualisation. We obtain mastery in all aspects of the Curriculum. The heart of our journey is Literacy which we recognise as the fundamental tool of human communication. We explore the human condition through Music, Media and Drama. We value the planet, nature and fellow human beings in all their expressions."

Sex and relationships form part of a rich and broad Curriculum and we are therefore committed to teaching about this in an inclusive and safe manner.

We have written this policy as it particularly fits the ethos of our school. We are aware that children who attend St Martin's School live in different boroughs. However, for clarity we focus on the London Borough of Barnet.

This Policy will be disseminated to all staff for their contribution, understanding and agreement to adhere to it. It is on our website, in every classroom and a copy is in our main office for anyone to read and discuss.

SEX AND RELATIONSHIP POLICY

Background Information

St Martin's School is committed to safeguarding and promoting the welfare of students and young people and expects all staff and volunteers to share this commitment. It is our aim that all students fulfil their potential.

What Is Sex and Relationship Education?

SRE is lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care for family life. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes. It also involves 'what is happening to me?'

Principles and Values

In addition St Martin's School believes that SRE should be:

- an integral part of the lifelong learning process, beginning in early childhood and continue into adult life.
- an entitlement for all young people
- encourage each student to contribute to our community and aim to support each other as they grow and learn
- set within the wider school context and support family commitment and love, respect and affection, knowledge and openness
- encourage students and teachers to share and respect each other's views. The important values are love, respect and care for each other
- generate an atmosphere where questions and discussion on sexual matters can take place without any stigma or embarrassment.
- recognise that parents are the key people in teaching their children about sex, relationships and growing up. We aim to work in partnership with parents and students, consulting them about the way these topics are delivered at St Martin's School
- recognise that the wider community has much to offer and aim to work in partnership with health professionals, social workers, peer educators and other mentors or advisers.

Sex and Relationship Education at St Martin's School has three main elements:

Attitudes and Values

- learning the importance of values, individual conscience and moral choices
- learning the value of family life, stable and loving relationships and marriage
- learning about the nurture of children
- learning the value of respect, love and care
- exploring, considering and understanding moral dilemmas
- developing critical thinking as part of decision-making
- challenging myths, misconceptions and false assumptions about normal behaviour

Personal and Social Skills

- learning to manage emotions and relationships confidently and sensitively
- developing self-respect and empathy for others
- learning to make choices with an absence of prejudice
- developing an appreciation of the consequences of choices made
- managing conflict

Knowledge and Understanding

- learning and understanding, at appropriate stages, physical development
- understanding human sexuality, reproduction, sexual health, emotions and relationships
- learning about contraception and the range of local and national sexual health advice, contraception and support services
- learning the reasons for delaying sexual activity and the benefits to be gained from such delay
- the avoidance of unplanned pregnancy

Aims and Objectives

The aim of SRE is to provide balanced factual information about human reproduction, together with consideration of the broader emotional, ethical, religious and moral dimensions of sexual health. Our SRE programme, delivered in a number of ways, aims to prepare students for an adult life in which they can:

- develop positive values and a moral framework that will guide their decisions, judgements and behaviour;
- have the confidence and self-esteem to value themselves and others
- have respect for individual conscience and the skills to judge what kind of relationship they want
- understand the consequences of their actions and behave responsibly regarding sexual and pastoral relationships
- avoid being exploited or exploiting others or being pressured into unwanted or unprotected relationships
- communicate effectively by developing appropriate terminology for sex and relationship issues
- develop awareness of their sexuality and understand human sexuality
- challenge sexism and prejudice and promote equality and diversity
- understand the arguments for delaying sexual activity
- understand the reasons for having protected sex
- have sufficient information and skills to protect themselves and, where they have one, their partner from uninvited/unwanted conceptions and sexually transmitted infections including HIV
- be aware of sources of help and acquire the skills and confidence to access confidential health advice, support and treatment if necessary
- know how the law applies to sexual relationships

Content

PSHE

Children learn at the appropriate level how good relationships can promote mental well-being, how to manage their feelings positively and how to manage changing relationships. Children learn the law relating to sexual behaviour, how to develop skills of assertiveness in order to resist peer pressure and stereotyping and sources of advice & support.

Science, Hygiene and Health

Content regarding human growth and development is taught in line with National Curriculum.

Organisation

SRE is not delivered in isolation but embedded across curriculum areas, including Personal, Social Health and Economic Education (PSHE), Citizenship and Science. Pupils receive SRE sessions with the school's designated specialist who will deliver a series of activities annually. It is the intention that this person will also deliver an SRE session annually to support parents to support their children at home.

SRE is delivered by specially identified teachers who have the experience and skills to deliver sensitive material to mixed ability, co-educational groups of students. Active learning methods that involve students' participation may be used.

Appropriate and suitably experienced and/or knowledgeable visitors from outside school may be invited to contribute to the delivery of SRE in school. St Martin's School uses appropriate visitors to support the delivery of some PSHE topics who are invited in to school because of their particular expertise or contribution they are able to make.

All visitors will work within the school's SRE policy.

All input to PSHE lessons is part of a planned programme and negotiated and agreed in advance.

All visitors are supervised/supported by a member of staff at all times.

The input of visitors is monitored and evaluated by staff and students. This evaluation informs future planning.

The SRE programme, outside the Science Schemes of Work where certain statutory topics are dealt with, is conducted using a variety of informal activities which have been built into the programme. Teachers are encouraged to keep their own personal evaluation of each lesson that is used by the coordinators to inform future planning.

St Martin's School believes in the importance of training for staff delivering SRE. Staff are encouraged to identify appropriate training and support to help them deliver effective SRE.

Specific Issues within SRE

Withdrawal

Parents/Carers have the right to withdraw their children from all or part of the sex and relationships education provided at St Martin's School except for those parts included in statutory National Curriculum covered as part of our Schemes of Work. Those parents/carers wishing to exercise this right are invited in to School to explore any concerns and discuss the impact that withdrawal may have on the child. Once a child has been withdrawn they cannot take part in the SRE programme until the request for withdrawal has been removed.

Confidentiality

As a general rule a student's confidentiality will be respected by the teacher or member of staff concerned. If this person believes that the student is at risk or in danger, she/he must talk to the named Designated Safeguarding Lead who may confer with other relevant members of staff before any decision is made.

The student concerned will be informed that confidentiality is being breached and reasons why. The student will be supported throughout the process.

Child Protection

The school has a separate Child Protection Policy. Effective SRE may bring about disclosures of child protection issues and staff should be aware of the procedures for reporting their concerns.

Disclosures

If a member of staff learns that an under 16 year old is sexually active or contemplating sexual activity the school will ensure that:

- The young person is persuaded to talk to their parent/carer
- Child Protection issues are addressed;
- The young person receives adequate counselling and information

Controversial and Sensitive Issues

Members of staff are aware that views around SRE related issues are varied. However, whilst personal views are respected, all SRE issues are taught without bias. Topics are presented using a variety of views and beliefs so that students are able to form their own informed opinions but also respect others that may have a different opinion.

Dealing with Questions

Both formal and informal SRE arising from students' questions are answered according to the age and maturity of the student concerned. Questions do not have to be answered directly and can be addressed individually later. St Martin's School believes that individual teachers must use their skill and discretion in this area and refer to the Child Protection Coordinator if they are concerned.

Sexual Identity and Sexual Orientation

St Martin's School believes that SRE should meet the needs of all students regardless of their developing sexuality and be able to deal honestly and sensitively with sexual orientation, answer appropriate questions and offer support. Homophobic bullying is dealt with strongly yet sensitively.

Dissemination

This Policy will be available to parents and training will be regularly delivered to staff on the policy content.

The Head facilitates the gathering of policy feedback from parents, staff and students on an agreed basis for example, every two years.

Signed:

Dr Jason Walak
Head Teacher

St. Martin's School

12th January, 2017

REVIEW DATE: 12th SEPTEMBER 2019